



Heriot-Watt University  
Research Gateway

## Exploring the Correlation between Impact Variables for a Football

### Citation for published version:

Mills, K, Billingham, J, Dunn, M & Goodwill, S 2024, Exploring the Correlation between Impact Variables for a Football. in *ISEA 2024: The Engineering of Sport 15: Loughborough UK 8-11 July 2024: Conference Abstracts*. Loughborough University, 15th International Conference on the Engineering of Sport 2024, Loughborough, United Kingdom, 8/07/24. <https://doi.org/10.17028/rd.lboro.27045520.v1>

### Digital Object Identifier (DOI):

[10.17028/rd.lboro.27045520.v1](https://doi.org/10.17028/rd.lboro.27045520.v1)

### Link:

[Link to publication record in Heriot-Watt Research Portal](#)

### Document Version:

Publisher's PDF, also known as Version of record

### Published In:

ISEA 2024: The Engineering of Sport 15

### General rights

Copyright for the publications made accessible via Heriot-Watt Research Portal is retained by the author(s) and / or other copyright owners and it is a condition of accessing these publications that users recognise and abide by the legal requirements associated with these rights.

### Take down policy

Heriot-Watt University has made every reasonable effort to ensure that the content in Heriot-Watt Research Portal complies with UK legislation. If you believe that the public display of this file breaches copyright please contact [open.access@hw.ac.uk](mailto:open.access@hw.ac.uk) providing details, and we will remove access to the work immediately and investigate your claim.

## Exploring the Correlation between Impact Variables for a Football

K Mills<sup>1</sup>, J. Billingham<sup>3</sup>, M. Dunn<sup>2</sup>, S. Goodwill<sup>1</sup>

<sup>1</sup> Sports Engineering Research Group, Sheffield Hallam University, UK

<sup>2</sup> School of Energy, Geoscience, Infrastructure and Society, Heriot-Watt University, Edinburgh, UK

<sup>3</sup> Fédération Internationale de Football Association, Zurich, Switzerland

### Introduction

Measuring impact variables for a football serves the purpose of understanding and quantifying its behaviour during impacts with surfaces or objects. They provide crucial insights into the dynamics of the collision, the deformation of the football and the forces involved. The information can be used to train mathematical models to advance the scientific knowledge about the behaviour of footballs under impact conditions [1-3]. This can be valuable for improving the design and for the quality control of footballs, enhancing player safety and optimising game performance.

### Method

Twelve footballs from various licensees (FIFA-Certified, Size 5,  $0.80 \pm 0.01$  bar) were each impacted 25 times at a velocity of approximately 6 and 20  $\text{m}\cdot\text{s}^{-1}$ . To achieve 6  $\text{m}\cdot\text{s}^{-1}$ , the football was dropped from 2 m and to achieve the higher velocity a bespoke 4-wheel ball-launching device accelerated the football. The football impacted a floor-mounted piezoelectric force platform (Kistler 9281EA, Kistler Holding AG; dimensions: 600 x 400 mm, natural frequency: 1kHz) without spin and above one of the corner sensors to maximise the dynamic response of the system. The impact was recorded using a single high-speed camera (Phantom MIRO 311, Vision Research Ltd., USA; resolution 320x800 p, sample rate 10,000 fps) calibrated using planar checkerboard calibration. The deformation ( $\delta_b$ ) and contact length ( $l$ ) were measured to characterise the change in shape of the football at maximum deformation (Figure 1). These variables along with the COR and contact time ( $\tau$ ) were measured using automated and manual digitisation of the high-speed video frames. The peak impact force ( $F$ ) and impulse ( $I$ ) were calculated from the output of the force platform.

Statistical analysis was carried out using SPSS (SPSS, 26.0.0.1, IBM Corporation). The normality of each metric was assessed using Shapiro-Wilk tests,  $\alpha \geq 0.05$ . The Pearson correlation between impact variables was calculated using all repeated impacts for the footballs ( $n=300$ ).

### Results

The correlation between COR and contact time with the other impact variables are shown in Figure 1. Figure 2 shows a force trace for a single impact of the football with the lowest and highest contact time at both velocity conditions.

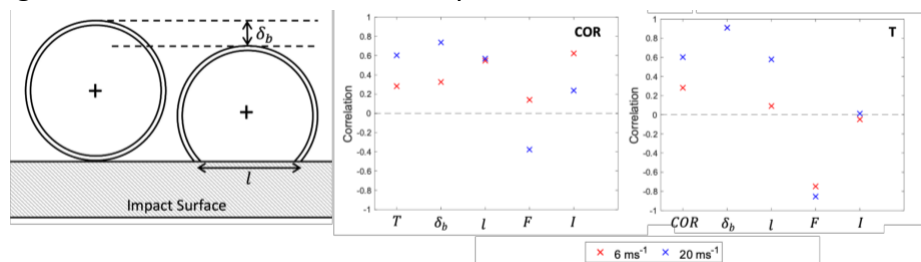


Figure 1 Diagram of deformation measurements (Left). The correlation between COR (middle) and contact time (right) with the other impact variables

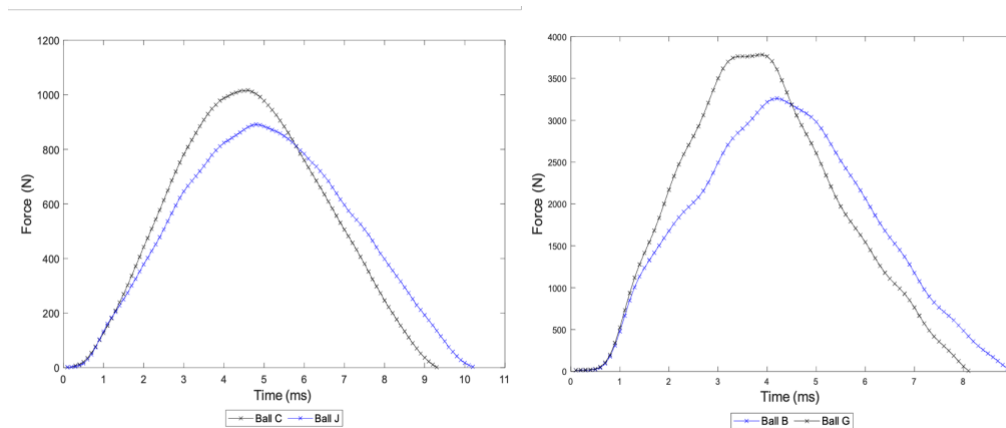


Figure 2: The force-time profile for a single impact for the footballs with the shortest (black line) and longest (blue line) contact time.  $6 \text{ m}\cdot\text{s}^{-1}$  (left).  $19 \text{ m}\cdot\text{s}^{-1}$  (right).

## Discussion

The study measured rebound variables for an impact between a football and a force platform at two velocities. Differences in the impact variables were measured between the 12 footballs. The contact time is governed by the material properties and internal air pressure of the football, it is affected by how quickly the materials can deform and then restore their original spherical shape. A football with a stiffer construction will exert higher restoring forces that leads to less deformation and shorter contact times, and this was reflected in the correlations shown in Figure 1. The force-time profiles shown in Figure 2 also confirmed the association between contact time and impact force. Each football experienced a similar magnitude of momentum change during the impact, the negative correlation between contact time and force is logical since a football that has a longer contact time will require less force to achieve the same momentum change. The correlations observed among the impact variables emphasised the complexity of analysing the impact behaviour of a football, indicating the potential need for multiple variables to comprehensively describe it.

## Conclusion

The linear correlations revealed the associations between the impact variables at two inbound velocities, but a single impact variable cannot solely explain the rebound characteristics. There is a need to explore a modelling technique that can establish a relationship between a dependent variable and multiple independent variables to fully comprehend how impact variables might reflect outbound performance.

## References

- [1] D. S. Price, R. Jones and A. R. Harland, "Advanced finite-element modelling of a 32-panel soccer ball," *Proc. Inst. Mech. Eng. Part C*, vol. 221, (11), pp. 1309-1319, 2007. DOI: 10.1243/09544062JMES711.
- [2] A. Rezaei *et al*, "Finite element modelling and experimental study of oblique soccer ball bounce," *J. Sports Sci.*, vol. 29, (11), pp. 1201-1213, 2011. DOI: 10.1080/02640414.2011.587443.
- [3] T. Iga *et al*, "Novel mathematical model to estimate ball impact force in soccer," *Sports Biomechanics*, vol. 17, (4), pp. 477-493, 2018.